



JPM

Jurnal Pengabdian Mandiri

Volume 3 Issue 1, 2026

ISSN (online) : 3089-3070

Homepage : <https://jurnalunived.com/index.php/MANDIRI>

Doi : <https://doi.org/10.37676/mandiri>

Volume 3 Nomor 1 Tahun 2026

Daftar Isi

	Halaman
KKN-T Program: Environmental Education Through the Creation of Road Signs and Handicrafts from Recycled Materials for the Community of Pintu Batu	1-6
Hafiz Pandu Tizaldi, Made Suardha Puspa, Nurul Aini, Putri Fajar Wati, Mupiansa, Dimas Aulia Trianggana, Merry Rullyanti, Hendri alamsyah	
Waste Management Education for Children in RT 06	7-10
Ferliando Frisnan Hamid, Bayu Noperanda Abdillah, Wahyu Dwi Saputra, Eko Susilo, Suhendri, Ririn Afriani, Hesti Nur'aini, Mimpira Haryono	
Restructuring the Governance of PUSSAKO FH-UHO: Building a Progressive, Accountable, and Innovative Research Institution	11-16
Risman Setiawan	
Enhancing Ethnomathematics Integration in Mathematics Instruction through Teacher Professional Learning Communities (MGMP) in Maros	17-24
Nur Ismiyati, Intan Buhati Asfyra, Syamsinar, Fadhilah Nur Sa'diyyah, Nuratika Rahmat Kalla	
Implementation Of AI Technology As An Innovative Learning Medium At SMK Dwijendra Denpasar: Training On Prompting And The Use Of AI-Based Media For Grade XI And XII Students	25-28
Ida Bagus Kresna Sudiatmika, Made Adi Paramartha Putra	
Hypertension Counseling And Tomato Juice Provision To Lower Blood Pressure In Hypertension Patients In Suka Sari Village, Hamlet 02, Semarang, Kebawetan Subdistrict, Kepahiang Regency	29-30
Ria Emalyanda, Feny Triyany, Suci Rohima Janista, Reni Parida, M Syahrul Hamdi, Diyah Tepi Rahmawati, Hengky Tranado	
Hypertension Control Strategy Through Health Checks And Elderly Exercise In Hamlet Iii, Suka Sari Village, Kepahiang Regency	31-36
Tasya Agustia, Dina Anggraini, Dela Senja Marlina, Pela Andari, Gustina Wulandari, Amelia Putri, Julius Habibi	

Student Interaction with AI Technology and Its Impact on Digital Literacy at SMKN 7 in Bengkulu City	37-42
Ahmat Syantori, Grace Tessa Lonica Simanjuntak, M.Akbar Azim, Silvy Noprilianti, Desi Mahdalena	
Education And Training On Non-Pharmacological Management Of Rheumatic Pain In Jalan Gedang Village	43-48
Khanesia Azara Sapitri, Mirna Anita Sari, Pera Sapitri, Putri Rahayu, Wilia Mayasari, Retni	
Community Empowerment Of RT 21, Sawah Lebar Baru Subdistrict Through Digital Literacy Training To Support Digital Transformation	49-52
Delon Hadi Winata, Bima Trisentyia, Iluh Frensia Paramita, Tiara Pia, Tutut Dwinka Utari, Dimas Aulia Trianggana	
Education On The Use Of Ginger Honey For Acute Respiratory Infections (ARI)	53-56
Dwi Okta Fuji Lestari, Azlina Fatika Dewi, Eka Efriani, Nova Hanipa, Endah Kusuma Pertiwi, Ema Yunita, Elfrida Turnip, Diyah Tepi Rahmawati	
Prevention Of Hypertension Through The Use Of Moringa Leaves In The Elderly Of Kunduran Village	57-60
Miasaka Agustina, Neni Ardila, Resmini, Nailah Zhafira, Hengky Tranado	
Optimization Of The Quality Of Life Of The Elderly Through Counseling And Elderly Exercise Programs In Terusan Baru Village	61-64
Aan Junaidi, Ade Irma Suryani, Chesti Idawati, Emilia Contesa, Arie Wujaya	
Education And Implementation Of Hypertension Exercise As An Effort To Control Hypertension Among The Elderly In Rt 05, Senalang Village, Lubuklinggau City	65-68
Dini Aprilia, Yuan Apriyanti, Deni Novriyanto, Indri Yusmeli, Leni Abriyanti, Murwati	
Socialization Of The Utilization Of Plastic Waste Into Crafts With Residents Of RT 20, RW 05, Sawah Lebar, Bengkulu	69-72
Anisa Putri Pratama, Kriscin Gresia Hutabarat, Yunda Wulandari, Dimas Setiawan, Herlin, Lena Elfianty, Mimpira Haryono	
The Kkn-T Program As A Form Of Community Service: Optimizing Vacant Land Through The Planting Of Medicinal Plants In The Pematang Gubernur Subdistrict	73-80
Muhammad Hariqbal Dewantara, Aditya Muhammad Soleh, Aziz Jafar Shidiq, Yola Khairunisa, Syisva Nurwita, Merry Rullyanti, Tita Septi Handayani	
Provision Of Strategic Directional Signs (PANTERAS) As Environmental Information Media In RT 29 RW 01, Pematang Gubernur Village	81-84
Muhammad Mallik Rondesha; Andini Risha Septiani; Meksi Despa; Doni Pratama; Lydia Gustina Putri, Hesti Nur'aini, Liza Yulianti	

The Greening Movement In Villages As An Investment For The Future Environment 85-88

Rizky Dwi Cantika, Farhan Ilham Apriyanto, Muhamad Kaka, Royke Tarius, Suci Rahayu, Siti Hanila, Maryaningsih, Ami Pradana

Community Service In 3R (Reduce, Reuse, And Recycle) Based Waste Management At RT 12, RW 04, Penurunan Subdistrict, Ratu Samban District, Bengkulu City 89-92

Antoni Saputra, Rahmat Renaldi, Ghandur Zhafran, Arif Nokra Median, Nadila Putri Wulandari, Sri Handayani, Lena Elfianty, Karona Cahya Susena
